

MÍNIMAS CAMPEONATOS NACIONALES 2017-2018 AIRE LIBRE

CATEGORÍA FEMENINA

CATEGORÍAS

| PRUEBAS | ABSOLUTA | | SUB-23 | | SUB-20 | | SUB-18 | | SUB-16 |
|------------------|----------|--|----------|--|----------|--|----------|--|----------|
| 100 mts | 12.22 | | 12.50 | | 13.00 | | 12.80 | | 12.95 |
| 200 mts | 25.10 | | 25.75 | | 26.60 | | 26.40 | | |
| 300 mts | | | | | | | | | 43.30 |
| 400 mts | 56.40 | | 58.50 | | 59.00 | | 59.10 | | |
| 600 mts | | | | | | | | | 1:40.50 |
| 800 mts | 2:13.00 | | 2:20.50 | | 2:21.50 | | 2:22.00 | | |
| 1000 mts | | | | | | | | | 3:08.00 |
| 1500 mts | 4:34.00 | | 4:58.00 | | 4:59.00 | | 5:00.00 | | |
| 3000 mts | | | | | 10:30.00 | | 10:35.00 | | 10:42.00 |
| 5000 mts | 16:50.00 | | 18:20.00 | | 18:35.00 | | | | |
| 10km/10 km mar | 52:00.00 | | 59:45.00 | | 59:45.00 | | | | |
| 110/100 v. | 14.70 | | 15.20 | | 16.00 | | 15.55 | | 16.00 |
| 300 mv | | | | | | | | | 48.10 |
| 400 mv | 1:03.00 | | 1:05.40 | | 1:07.00 | | 1:07.80 | | |
| 1500 Obs | | | | | | | | | 5:25.00 |
| 2000 Obs | | | | | | | 7:35.00 | | |
| 3000 Obs | 10:35.00 | | 11:30.00 | | 12:00.00 | | | | |
| 3km mar p | | | | | | | | | 15.45 |
| 5km mar p | | | | | 27:00 | | 27:00 | | 27:30 |
| 20km mar p | 1h:48.00 | | 2h:04.00 | | | | | | |
| Altura | 1.75 | | 1.64 | | 1.60 | | 1.59 | | 1.57 |
| Longitud | 5.95 | | 5.60 | | 5.50 | | 5.40 | | 5.30 |
| Triple | 12.40 | | 11.50 | | 11.45 | | 11.40 | | 11.05 |
| Pértiga | 3.90 | | 3.25 | | 3.25 | | 3.20 | | 3.05 |
| Peso | 13.30 | | 12.25 | | 11.25 | | 12.50 | | 11.00 |
| Disco | 46.50 | | 39.00 | | 36.50 | | 32.00 | | 32.50 |
| Jabalina | 46.50 | | 41.50 | | 37.00 | | 40.00 | | 35.00 |
| Martillo | 53.50 | | 46.00 | | 44.00 | | 49.00 | | 38.50 |
| Octatlón/Exatlón | | | | | | | | | 3.250 pt |
| Heptatlón | 4.700 pt | | 4.100pt | | 3.900 pt | | 3.850 pt | | |

NOTA:

En las pruebas de velocidad de anillo (200, 300 y 400 metros), se puede hacer mínima al Aire Libre. En este caso, la marca mínima es más exigente, y varía entre 15 y 20 centésimas menos (200-300m) y entre 30 y 40 centésimas menos (400m).